

# Thermal relics and Dark Matter

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# Plan

- Short introduction to Cosmology
  - FRW metric
  - Friedman equations
  - Thermal history
- Boltzmann equation
  - Freeze-out
  - Thermal relics
- Dark Matter
  - WIMP
  - Freeze in

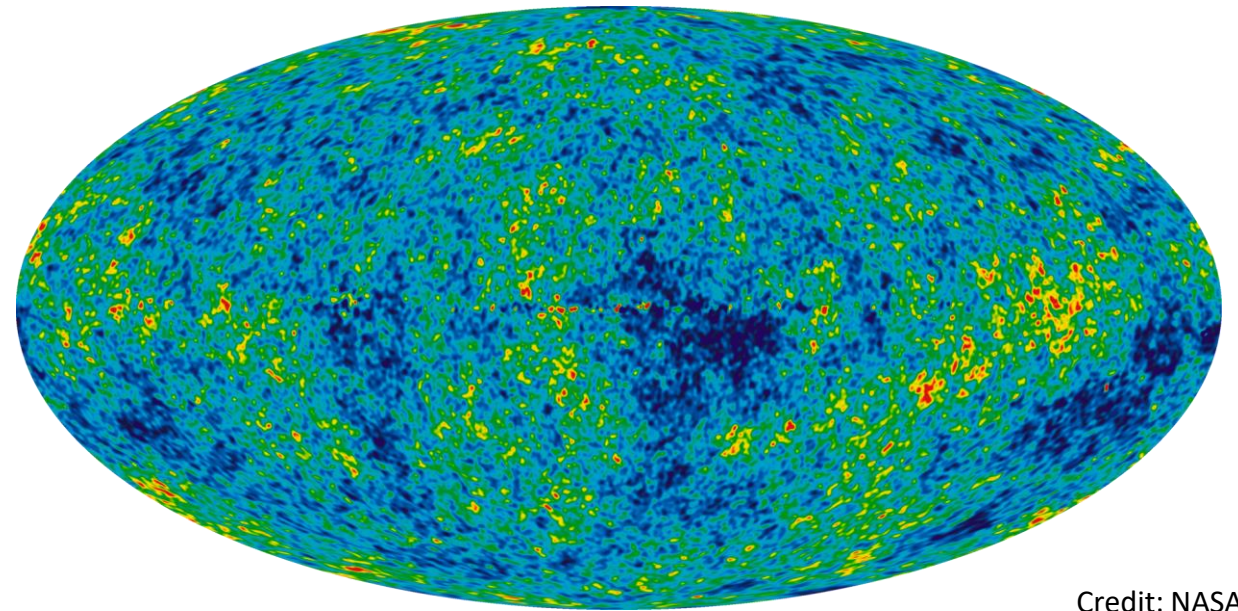
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# Friedman-Robertson-Walker metric

$$ds^2 = dt^2 - a(t)^2 \left( \frac{dr^2}{1 - kr^2} + r^2 d\Omega^2 \right)$$

- Cosmological principle
- $K=0, 1$  or  $-1$
- Scale factor



Credit: NASA

$2.72548 \pm 0.00057K$

# Energy-momentum

- Choose perfect fluid S-E Tensor
- Equation of state
- Three examples

$$T_{\nu}^{\mu} = \text{diag}(-\rho, p, p, p)$$

$$p = w\rho$$

$$\nabla_{\mu} T^{\mu\nu} = 0 \Rightarrow \frac{\dot{\rho}}{\rho} = -3(1+w)\frac{\dot{a}}{a}$$

$$\rho \propto a^{-3(1+w)}$$

Dust

$$p = 0$$

$$\rho \propto a^{-3}$$

Radiation

Kinetic gas theory

$$p = \frac{1}{3}\rho$$

$$\rho_R \propto a^{-4}$$

Vacuum

$$T_{\mu\nu}^{\text{vacuum}} = -\frac{\Lambda g_{\mu\nu}}{8\pi G}$$

$$p = -\rho = \frac{\Lambda}{8\pi G}$$

## Dust

$$p = 0$$

$$\rho \propto a^{-3}$$

## Radiation

Kinetic gas theory

$$p = \frac{1}{3}\rho$$

$$\rho_R \propto a^{-4}$$

## Vacuum

$$T_{\mu\nu}^{vacuum} = -\frac{\Lambda g_{\mu\nu}}{8\pi G}$$

$$p = -\rho = \frac{\Lambda}{8\pi G}$$

# Friedman equations

$$G_{\mu\nu} \equiv R_{\mu\nu} - \frac{1}{2}Rg_{\mu\nu} = 8\pi GT_{\mu\nu} - \Lambda g_{\mu\nu}$$

- Time evolution of the scale factor
- Plug FRW-metric into EFE
- Density determines shape of universe

$$\left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi G}{3}\rho - \frac{k}{a^2}$$

$$H \equiv \frac{\dot{a}}{a}$$

$$\Omega \equiv \frac{8\pi G}{3H^2}\rho \equiv \frac{\rho}{\rho_{crit}}$$

$$\Omega - 1 = \frac{k}{H^2 a^2}$$

$$\Omega_m = 0.31, \quad \Omega_\Lambda = 0.69 \quad \text{and} \quad \Omega_r \sim 10^{-4}\Omega_m$$

$$\Omega = \sum_i \Omega_i \approx 1$$

$\rho < \rho_{crit}$	$\Leftrightarrow$	$\Omega < 1$	$\Leftrightarrow$	$k < 0$	$\Leftrightarrow$	Open
$\rho = \rho_{crit}$	$\Leftrightarrow$	$\Omega = 1$	$\Leftrightarrow$	$k = 0$	$\Leftrightarrow$	Flat
$\rho > \rho_{crit}$	$\Leftrightarrow$	$\Omega > 1$	$\Leftrightarrow$	$k > 0$	$\Leftrightarrow$	Closed

# Temperature

- Local Kinetic equilibrium and thermal equilibrium
- Phase-space distribution function
  - Fermi-Dirac & Bose-Einstein
- Relativistic approximation
- Non-relativistic approximation

$$f(\vec{p}) = [\exp((E - \mu)/T) \pm 1]^{-1}$$

$$\rho = \frac{g}{(2\pi)^3} \int E(\vec{p}) f(\vec{p}) d^3p$$

$$n = \frac{g}{(2\pi)^3} \int f(\vec{p}) d^3p$$

$$p = \frac{g}{(2\pi)^3} \int \frac{|\vec{p}|^2}{3E} f(\vec{p}) d^3p$$

$$\rho_R^{Fermions} = \frac{7}{8} \rho_R^{Bosons} \propto T^4$$

$$p_R = \rho_R/3$$

$$n_R^{Fermions} = \frac{3}{4} n_R^{Bosons} \propto T^3$$

$$n_{NR} \propto T^{3/2} \exp[-(m - \mu)/T] \quad p_{NR} = n_{NR} T \ll \rho$$

$$\rho_{NR} = m n_{NR} \propto T^{3/2} \exp[-(m - \mu)/T]$$



# Entropy

- Energy conservation and 2nd law of thermo dynamics
- Entropy (per comoving volume) conserved:
- Entropy density:

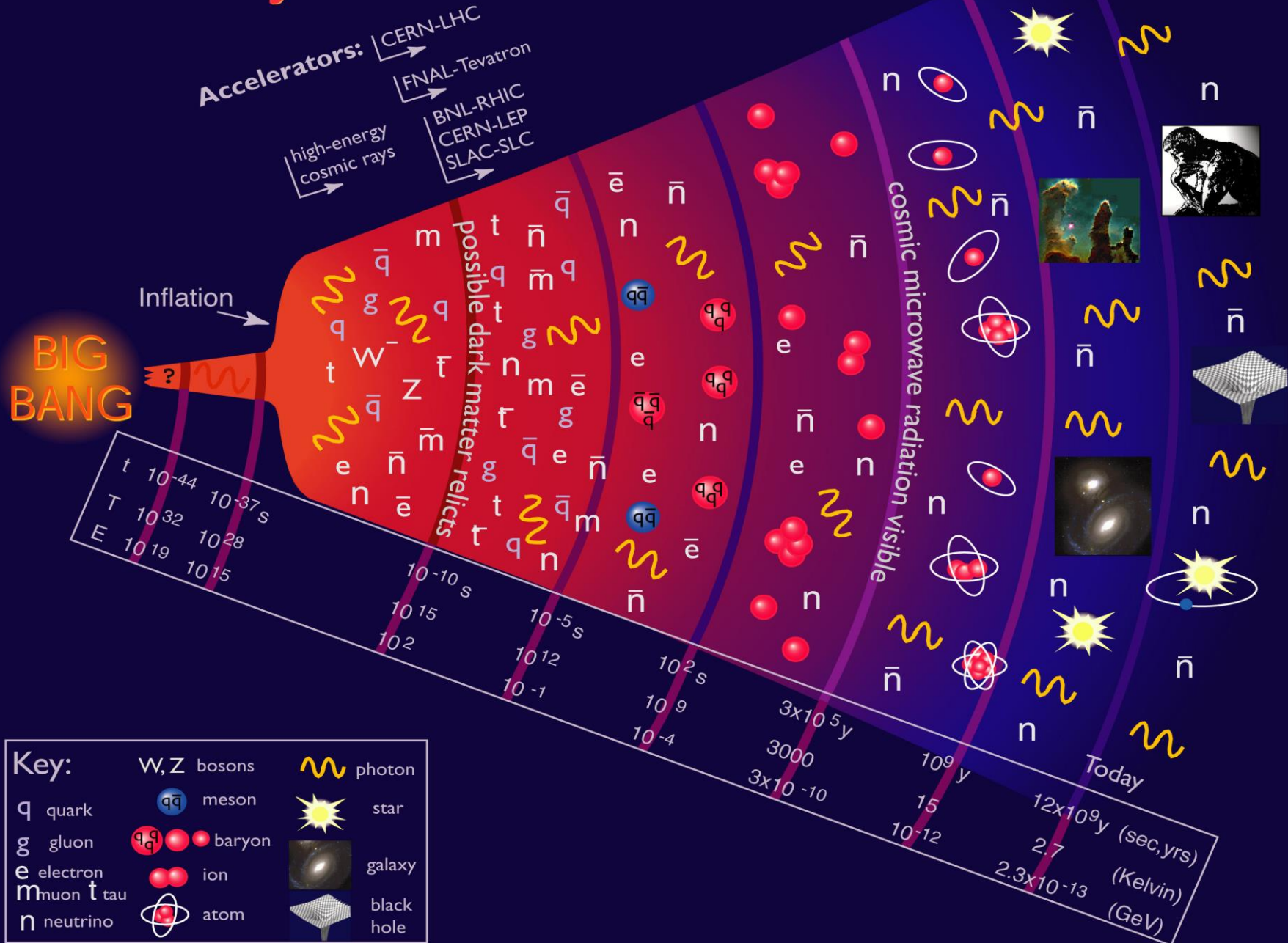
$$dS = d \left[ \frac{(\rho + p)V}{T} \right] = 0$$

$$s = \frac{S}{V} = \frac{2\pi^2}{45} g_{*S} T^3$$

$$s \propto a^{-3} \Rightarrow g_{*S} T^3 a^3 = \text{const}$$

$$g_{*S} = \sum_{i=Bosons} g_i \left( \frac{T_i}{T} \right)^3 + \frac{7}{8} \sum_{i=Fermions} g_i \left( \frac{T_i}{T} \right)^3$$

# History of the Universe



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# Boltzmann equation

- Describe **departure** from thermal equilibrium
- Follow the microscopic evolution of the particle's phase space distribution

$$\hat{\mathbf{L}}[f] = \frac{df}{dt} = \mathbf{C}[f]$$

$$\hat{\mathbf{L}} = \frac{d}{d\tau} = \frac{\partial x^\mu}{\partial \tau} \frac{\partial}{\partial x^\mu} + \frac{\partial p^\mu}{\partial \tau} \frac{\partial}{\partial p^\mu} = p^\mu \frac{\partial}{\partial x^\mu} - \Gamma_{\rho\sigma}^\mu p^\rho p^\sigma \frac{\partial}{\partial p^\mu}$$

From geodesic Eq.  $\frac{\partial p^\mu}{\partial \tau} + \Gamma_{\sigma\rho}^\mu p^\sigma p^\rho = 0$

- For the FRW metric

$$\hat{L}[f(E, t)] = E \frac{\partial f}{\partial t} - H |\vec{\mathbf{p}}|^2 \frac{\partial f}{\partial E}$$

$$n = \frac{g}{(2\pi)^3} \int f(\vec{p}) d^3 p$$

$$\frac{1}{a^3} \frac{d}{dt} (n a^3) = \dot{n} + 3Hn = \frac{g}{(2\pi)^3} \int \mathbf{C}[f] \frac{d^3 p}{E}$$

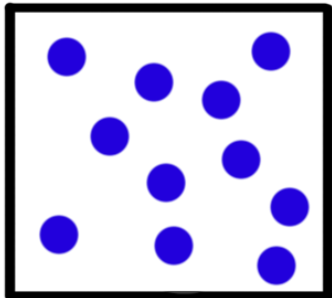
- Scale out effect of expanding universe

$$Y \equiv \frac{n}{s} \Rightarrow s\dot{Y} = \dot{n} + 3Hn \quad sa^3 = \text{const}$$

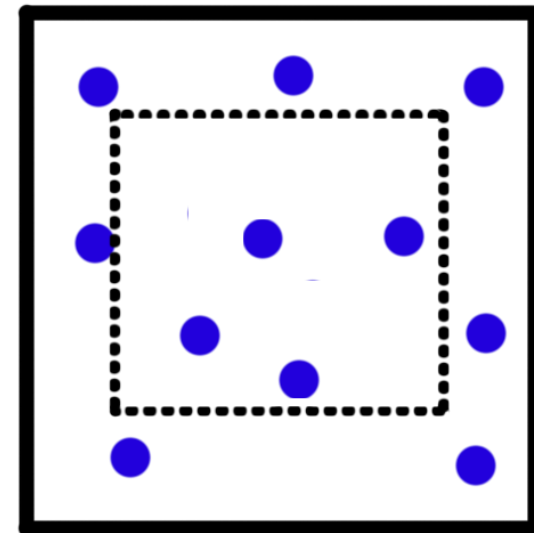
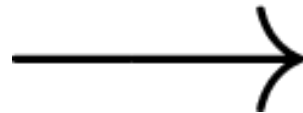
- Change variable

$$x \equiv \frac{m}{T} \rightarrow s\dot{Y} = xH \frac{dY}{dx} \text{ since } T \propto a^{-1}$$

$$\frac{x}{s} \frac{dY}{dx} = \frac{1}{H} \frac{g}{(2\pi)^3} \int \mathbf{C}[f] \frac{d^3p}{E}$$



$$\dot{n} = -3Hn$$



# Collision term

$$d\Pi \equiv g \frac{1}{2E} \frac{d^3p}{(2\pi)^3}$$

- From **thermal** QFT:
 
$$\begin{aligned} \frac{g}{(2\pi)^3} \int \mathbf{C}[f] \frac{d^3p}{E} &= - \int d\Pi_\psi d\Pi_a d\Pi_b \dots d\Pi_i d\Pi_j \dots \\ &\times (2\pi)^4 \delta^4(p_\psi + p_a + p_b + \dots - p_i - p_j - \dots) \\ &\times \left[ |\mathcal{M}|_{\psi+a+b+\dots \rightarrow i+j+\dots}^2 f_a f_b \dots f_\psi (1 \pm f_i)(1 \pm f_j) \dots \right. \\ &\quad \left. - |\mathcal{M}|_{i+j+\dots \rightarrow \psi+a+b+\dots}^2 f_i f_j \dots (1 \pm f_a)(1 \pm f_b) \dots (1 \pm f_\psi) \right] \end{aligned}$$
- Approximations: T (or CP) invariance and Maxwell-Boltzmann distribution

$$\begin{aligned} \dot{n} + 3Hn &= - \int d\Pi_\psi d\Pi_a d\Pi_b \dots d\Pi_i d\Pi_j \dots \\ &\times (2\pi)^4 \delta^4(p_\psi + p_a + p_b + \dots - p_i - p_j - \dots) |\mathcal{M}|^2 [f_\psi f_a f_b \dots - f_i f_j \dots] \end{aligned}$$

# Freeze out

- Suppose thermal equilibrium and only creation and annihilation
- Energy conservation
- Boltzmann Equation
- Cross section times velocity
- Rule of thumb

$$\bar{\psi}\psi \leftrightarrow \bar{X}X$$

$$f_X f_{\bar{X}} = \exp[-(E_X + E_{\bar{X}})/T] = \exp[-(E_\psi + E_{\bar{\psi}})/T] = f_\psi^{EQ} f_{\bar{\psi}}^{EQ}$$

$$\dot{n}_\psi + 3Hn_\psi = -\langle \sigma_{\psi\psi \rightarrow \bar{X}\bar{X}} |v\rangle [n_\psi^2 - (n_\psi^{EQ})^2]$$

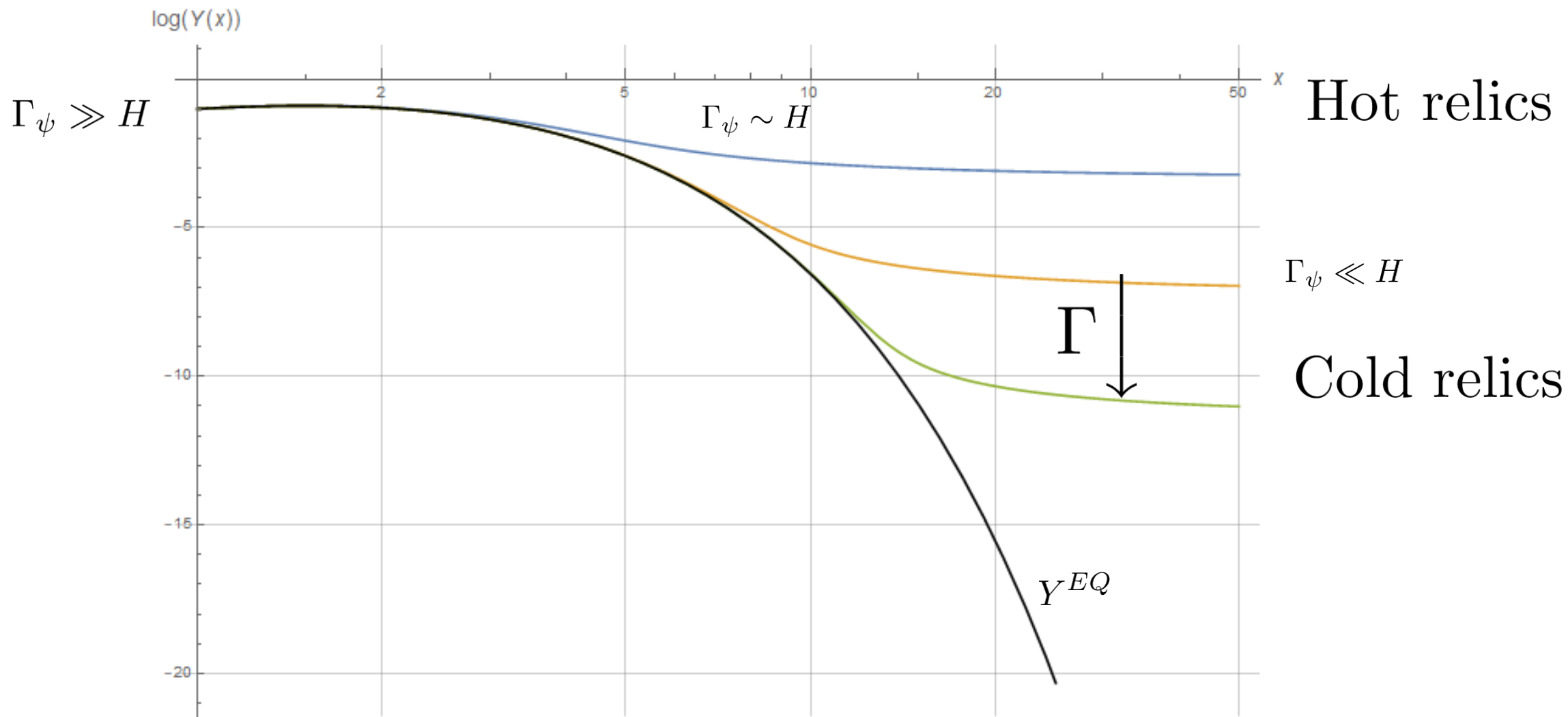
$$\langle \sigma_{\psi\psi \rightarrow \bar{X}\bar{X}} |v\rangle = (n_\psi^{EQ})^{-2} \int d\Pi_\psi d\Pi_{\bar{\psi}} d\Pi_X d\Pi_{\bar{X}} (2\pi)^4 \times \delta^{(4)}(p_\psi + p_{\bar{\psi}} - p_X - p_{\bar{X}}) |\mathcal{M}|^2 \exp(-E_\psi/T) \exp(-E_{\bar{\psi}}/T)$$

$$\frac{x}{Y_\psi^{EQ}} \frac{dY_\psi}{dx} = -\frac{\Gamma_\psi}{H} \left[ \left( \frac{Y_\psi}{Y_\psi^{EQ}} \right)^2 - 1 \right]$$

$$\Gamma_\psi = n_\psi^{EQ} \langle \sigma_{\psi\psi \rightarrow \bar{X}\bar{X}} |v\rangle$$

$$\frac{x}{Y_\psi^{EQ}} \frac{dY_\psi}{dx} = -\frac{\Gamma_\psi}{H} \left[ \left( \frac{Y_\psi}{Y_\psi^{EQ}} \right)^2 - 1 \right]$$

$$\Gamma_\psi = n_\psi^{EQ} \langle \sigma_{\psi\psi \rightarrow \bar{X}\bar{X}} |v| \rangle$$





# Hot relics

- Highly relativistic  $x_f = \frac{m}{T_f} \ll 3$

$$s = \frac{S}{V} = \frac{2\pi^2}{45} g_{*s} T^3$$

- Comoving number density

$$Y_\infty = Y(x \rightarrow \infty) = Y_{EQ}(x_f) = \frac{45\zeta(3)}{2\pi^4} \frac{g_{eff}}{g_{*s}}$$

- Example: Neutrinos

$$\frac{\Gamma}{H} \simeq \left( \frac{T}{1 \text{ MeV}} \right)^3$$

- Temperature when decoupling

- Temperature today

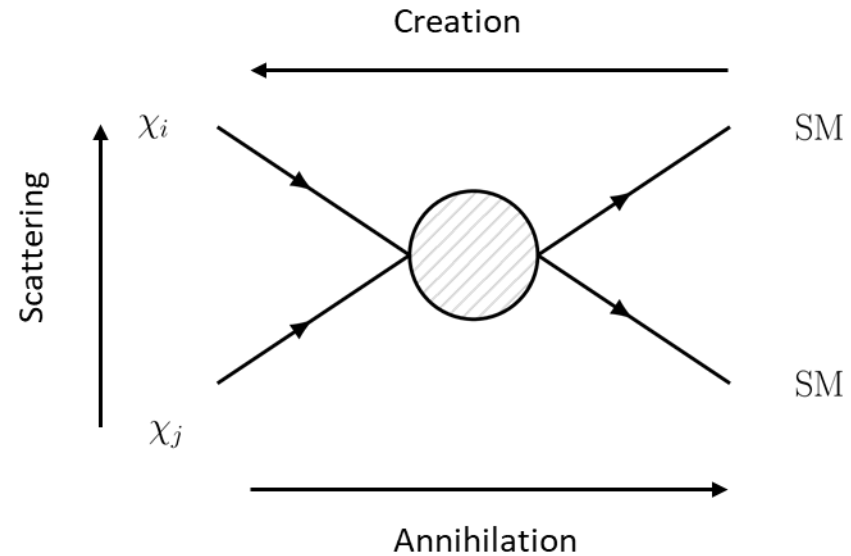
$$sa^3 = \text{const} \Rightarrow g_{*s}^{\text{before}} T_{\text{before}}^3 = g_{*s}^{\text{after}} T_{\text{after}}^3$$

$$g_{*s}^{\text{before}} = 2_\gamma + \frac{7}{8} \times 2_{e^+e^-} \times 2_{\uparrow\downarrow} = \frac{11}{2}$$

$$g_{*s}^{\text{after}} = 2_\gamma$$

$$T_\nu = \left( \frac{11}{4} \right)^{-\frac{1}{3}} T_\gamma = \left( \frac{11}{4} \right)^{-\frac{1}{3}} \times 2.73K = 1.95K$$

# Co-annihilations



- More **general** Boltzmann equation
- If  $\Delta_m \gg T_f, \chi_2$  particle play **no** significant role.
- Particle close in mass  $\rightarrow$  also present when freeze-out

$$\begin{aligned}
 \sigma_{ij} &= \sum_X \sigma(\chi_i \chi_j \rightarrow X) & \sigma'_{Xij} &= \sum_Y \sigma(X \chi_i \rightarrow \chi_j Y) \\
 \downarrow & & \downarrow & \\
 \dot{n}_i + 3Hn_i &= - \sum_j \langle \sigma_j v_j \rangle (n_i n_j - n_i^{EQ} n_j^{EQ}) & & \\
 & - \sum_{i \neq j} [\langle \sigma'_{Xi} v_j \rangle (n_i n_X - n_i^{EQ} n_X^{EQ}) - \langle \sigma'_{Xj} v_j \rangle (n_j n_X - n_j^{EQ} n_X^{EQ})] & & \\
 & - \sum_{i \neq j} [\Gamma_{ij} (n_i - n_i^{EQ}) - \Gamma_{ji} (n_j - n_j^{EQ})] & & \\
 & & \swarrow & \\
 & & \Gamma_{ij} &= \sum_X \Gamma(\chi_i \rightarrow \chi_j X)
 \end{aligned}$$

Effective invariant annihilation rate

 $W_{\text{eff}}$ 

- Rewrite into usual Boltzmann equation by summing over all particles
- All particles decay down
- Neutralinos in SUSY
- Smaller relic density

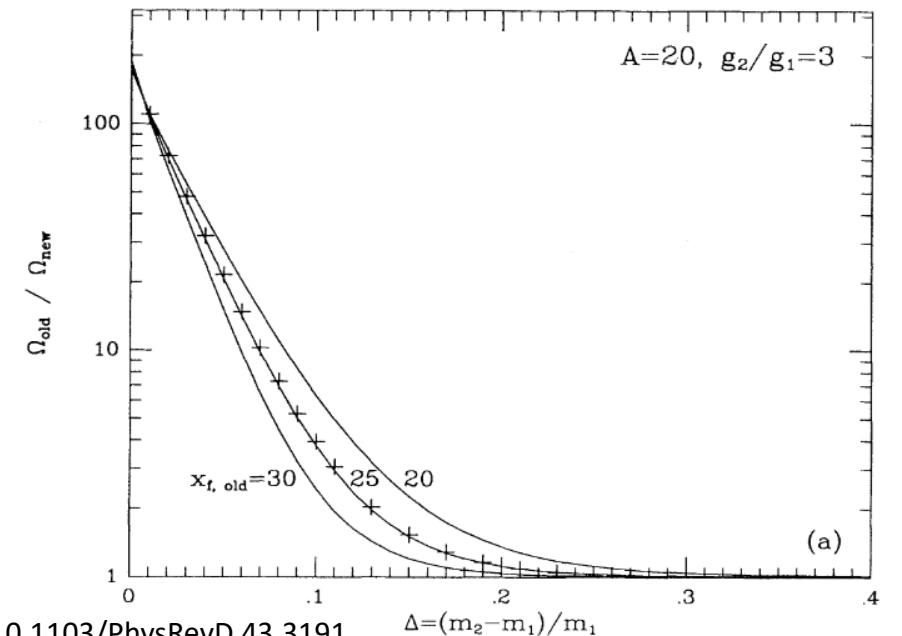
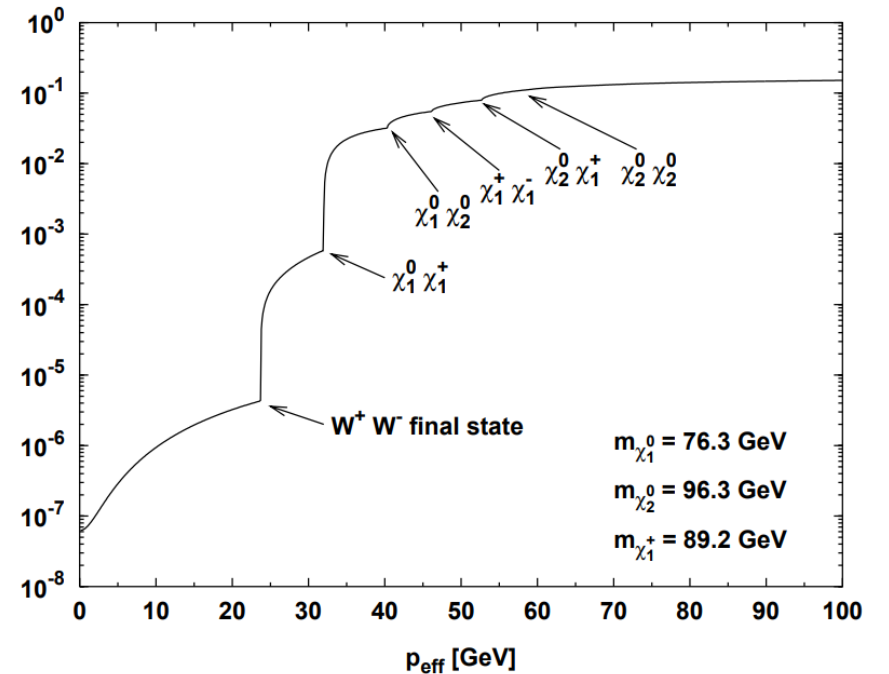
$$n = \sum_i n_i$$

$$\frac{dn}{dt} + 3Hn = -\langle\sigma_{\text{eff}}v\rangle(n^2 - n_{\text{eq}}^2)$$

$$\sigma_{\text{eff}} = \sum_{ij} \sigma_{ij} \frac{g_i g_j}{g_{\text{eff}}^2} (1 + \Delta_i)^{3/2} (1 + \Delta_j)^{3/2} \times \exp[-x(\Delta_i + \Delta_j)]$$

$$\Delta_i = (m_i - m_1)/m_1$$

$$\Omega_\chi h_2 = 0.18 \rightarrow 0.030$$

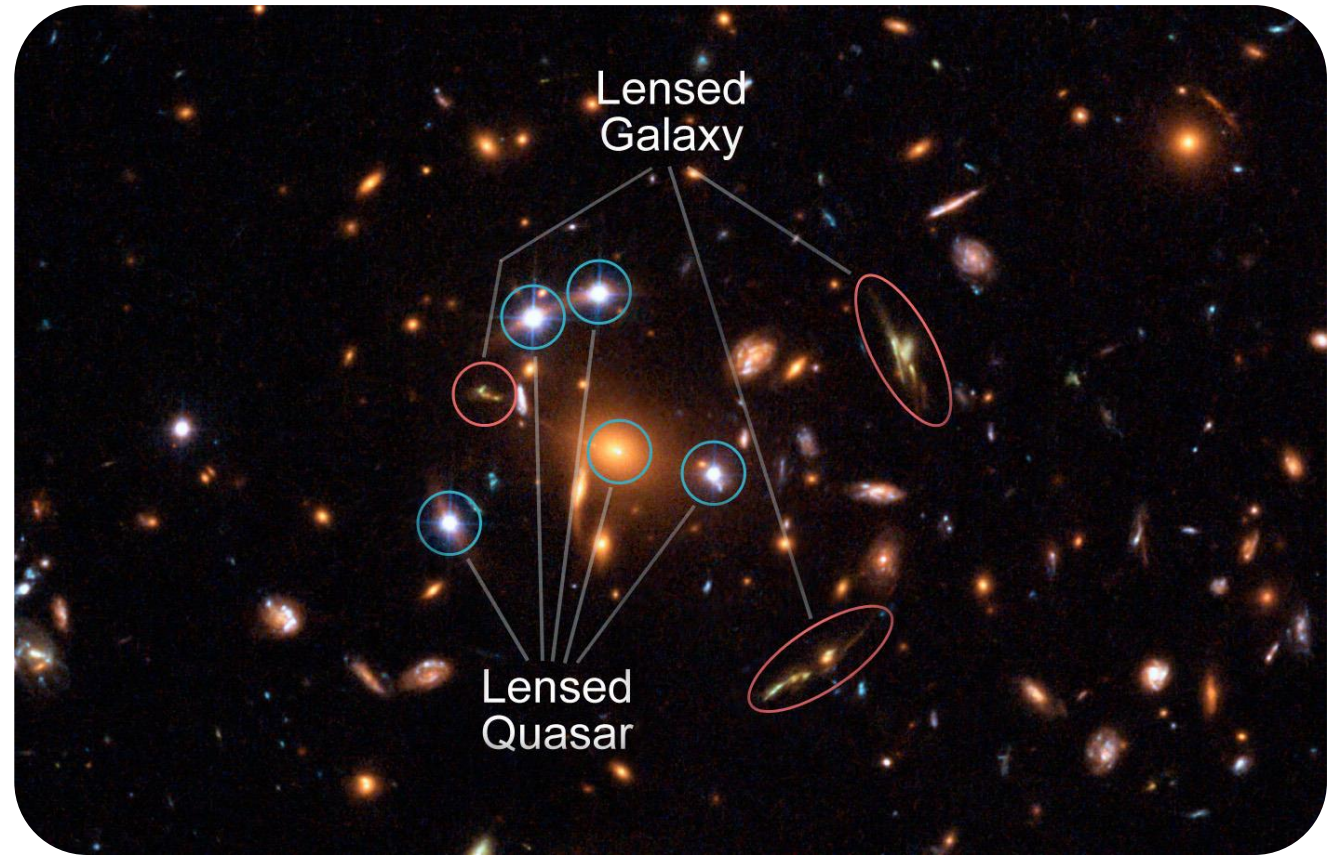


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  - **WIMP**
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# Introduction to Dark Matter

- Rotation curves of spiral galaxies
- **Structure formation in the universe**
- **Structure of CMB**
- Gravitational lensing



*Credits: ESA, NASA, K. Sharon (Tel Aviv University) and E. Ofek (Caltech)*

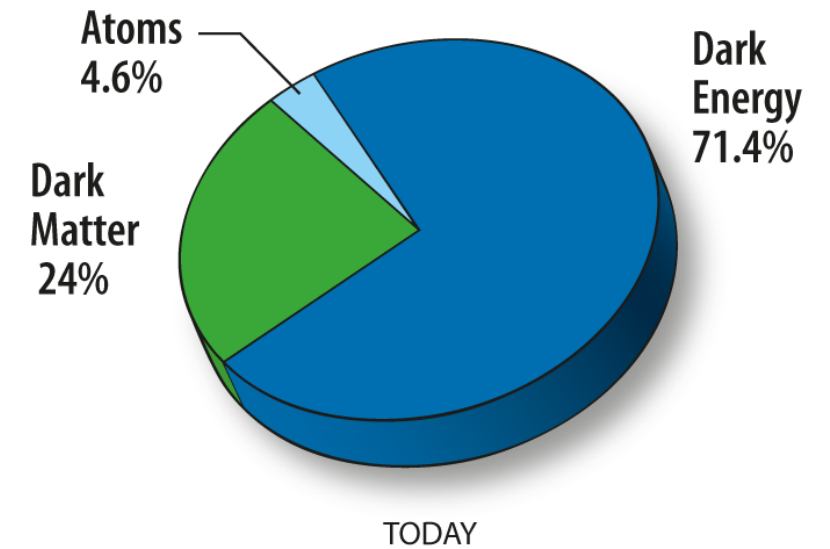
# What we know

$$\Omega_{DM}h^2 \approx 0.12$$

$$\Omega_b h^2 \approx 0.02$$

- Massive
- Interacts through gravity
- Majority is cold, (hot DM suppress clustering)
- Stable on cosmological scales

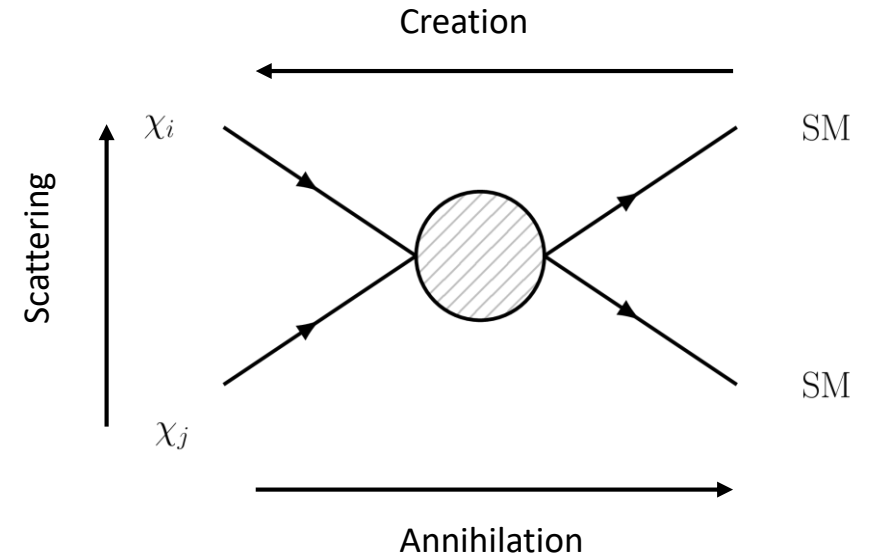
$$H_0 = 100h \text{ km s}^{-1} \text{ Mpc}^{-1}$$



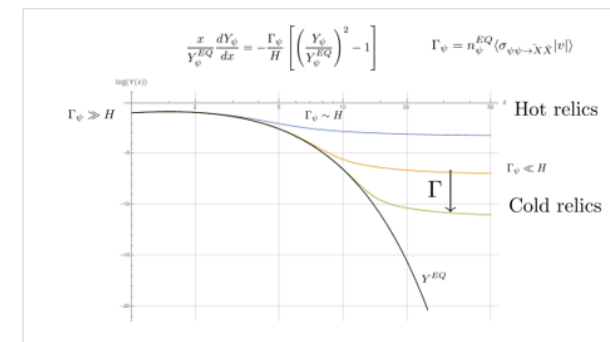
[https://wmap.gsfc.nasa.gov/universe/uni\\_matter.html](https://wmap.gsfc.nasa.gov/universe/uni_matter.html)

# WIMP Magic

- **Weak** scale Dark Matter
- Freeze-out when non-relativistic  $x_f \ll 3$
- Assume  $\chi\chi \leftrightarrow SMSM$
- Co-annihilation
- **WIMP Miracle!**
- Neutralino if LSP, assuming R-Parity.
- No show ☹️

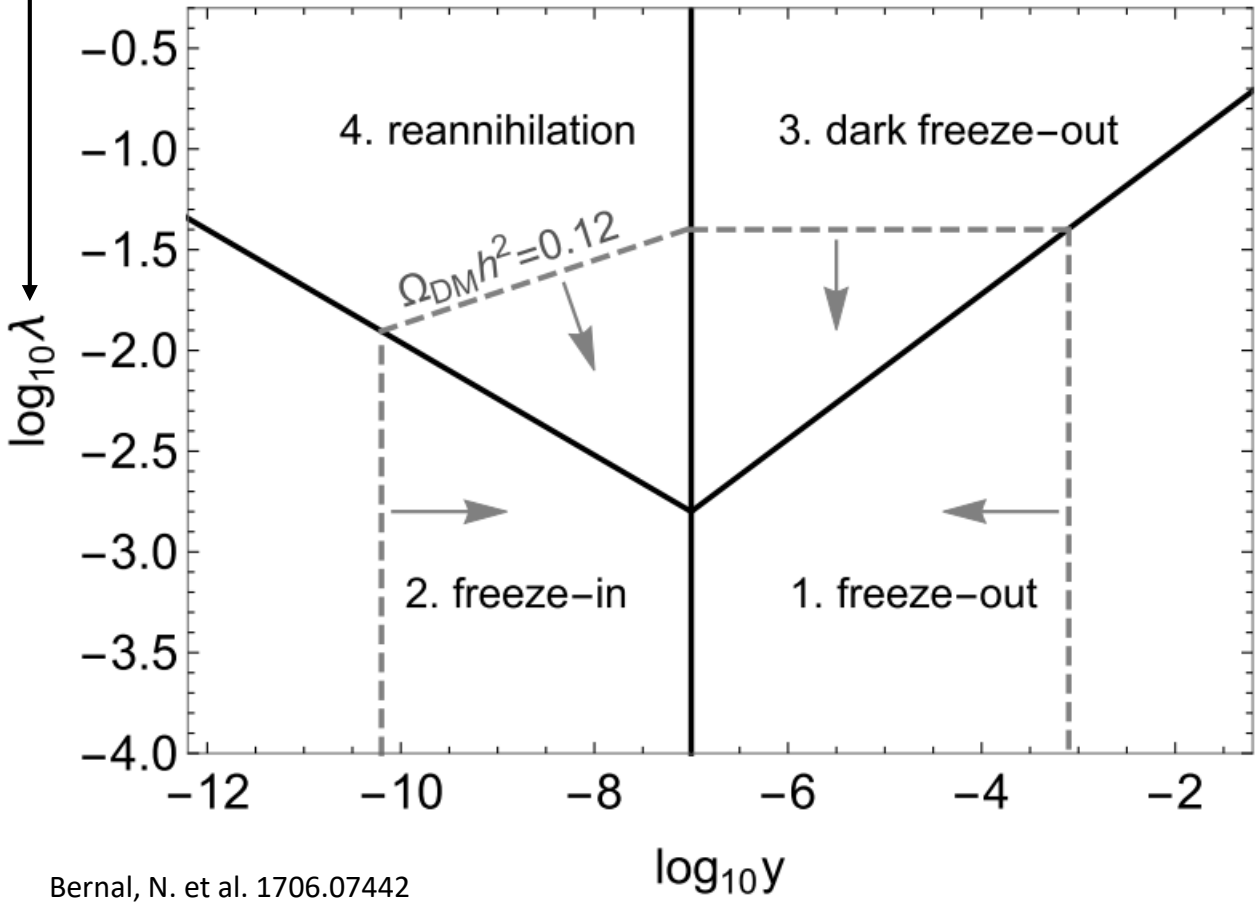


$$\Omega_\chi h^2 \approx 0.12 \times \frac{3 \times 10^{-26} \text{ cm}^3 \text{ s}^{-1}}{\langle \sigma v \rangle} \approx 0.12 \times \left( \frac{g_{\text{weak}}}{g_\chi} \right)^4 \left( \frac{m_\chi}{m_{\text{weak}}} \right)^2$$



More mechanisms

DM Self coupling



Arrows indicate increase in relic density

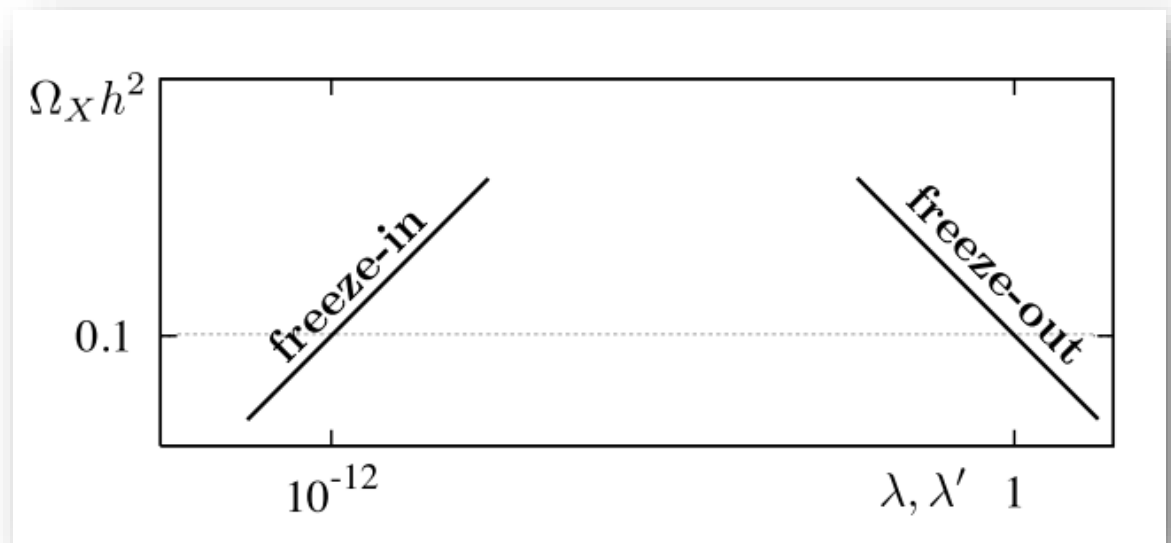
Bernal, N. et al. 1706.07442

Coupling to the visible sector



# Freeze-in mechanism

- **Lower coupling**  $\rightarrow$  no thermal equilibrium
- Not WIMP but **FIMP** (Feebly Interacting Massive Particle)
- Abundance produced by
  - Decay  $\sigma \rightarrow \chi\chi$  ,  $\sigma \rightarrow X\chi$  , etc.
  - $2\rightarrow 2$   $\sigma\sigma \rightarrow \chi\chi$  , etc.
- Much more difficult to search for.



# Freeze in from 2→2

- Suppose scalar DM
- Assume
  - Initial DM abundance negligible
  - B masses negligible
  - Matrix element  $|M|^2=y^2$
- Calculate relic and get coupling

$$n_{\psi} + 3Hn_{\psi} = -\langle \sigma_{\psi\psi \rightarrow \bar{X}\bar{X}} |v| \rangle [n_{\psi}^2 - (n_{\psi}^{EQ})^2]$$

$$\mathcal{L}_{4-scalar} = y\chi B_1 B_2 B_3$$

Due to  $B_2 B_3 \rightarrow B_1 \chi$  and  $B_1 B_2 \rightarrow B_3 \chi$

$$n_{\chi} + 3n_{\chi}H \approx 3 \int d\Pi_{B_1} d\Pi_{B_2} d\Pi_{B_3} d\Pi_{\chi} (2\pi)^4 \delta^4(p_{B_1} + p_{B_2} - p_{B_3} - p_{\chi}) |\mathcal{M}|_{B_1 B_2 \rightarrow B_3 \chi}^2 f_{B_1} f_{B_2}$$

$$y \simeq 1 \times 10^{-11} \left( \frac{\Omega_{\chi} h^2}{0.1} \right)^{1/2} \left( \frac{g_*(m_{\chi})}{100} \right)^{3/4}$$

# Freeze-in from decay

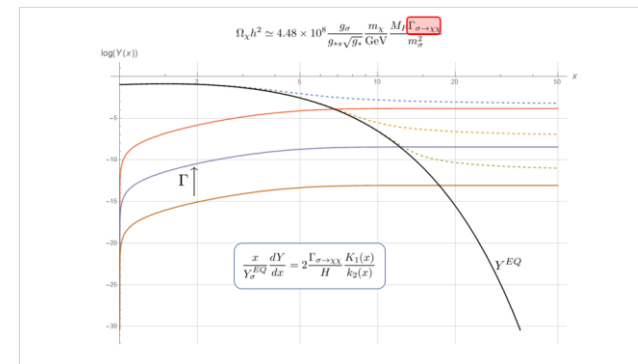
- Decay  $\sigma \rightarrow \chi\chi$
- Boltzmann equation
- Coupling

$$\dot{n}_\chi + 3Hn_\chi \approx g_\sigma \int d\Pi_\sigma \Gamma_{\sigma \rightarrow \chi\chi} m_\sigma f_\sigma = 2\Gamma_{\sigma \rightarrow \chi\chi} \frac{K_1(m_\sigma/T)}{K_2(m_\sigma/T)} n_\sigma^{EQ}$$

$$\frac{x}{Y_\sigma^{EQ}} \frac{dY}{dx} = 2 \frac{\Gamma_{\sigma \rightarrow \chi\chi}}{H} \frac{K_1(x)}{k_2(x)}$$

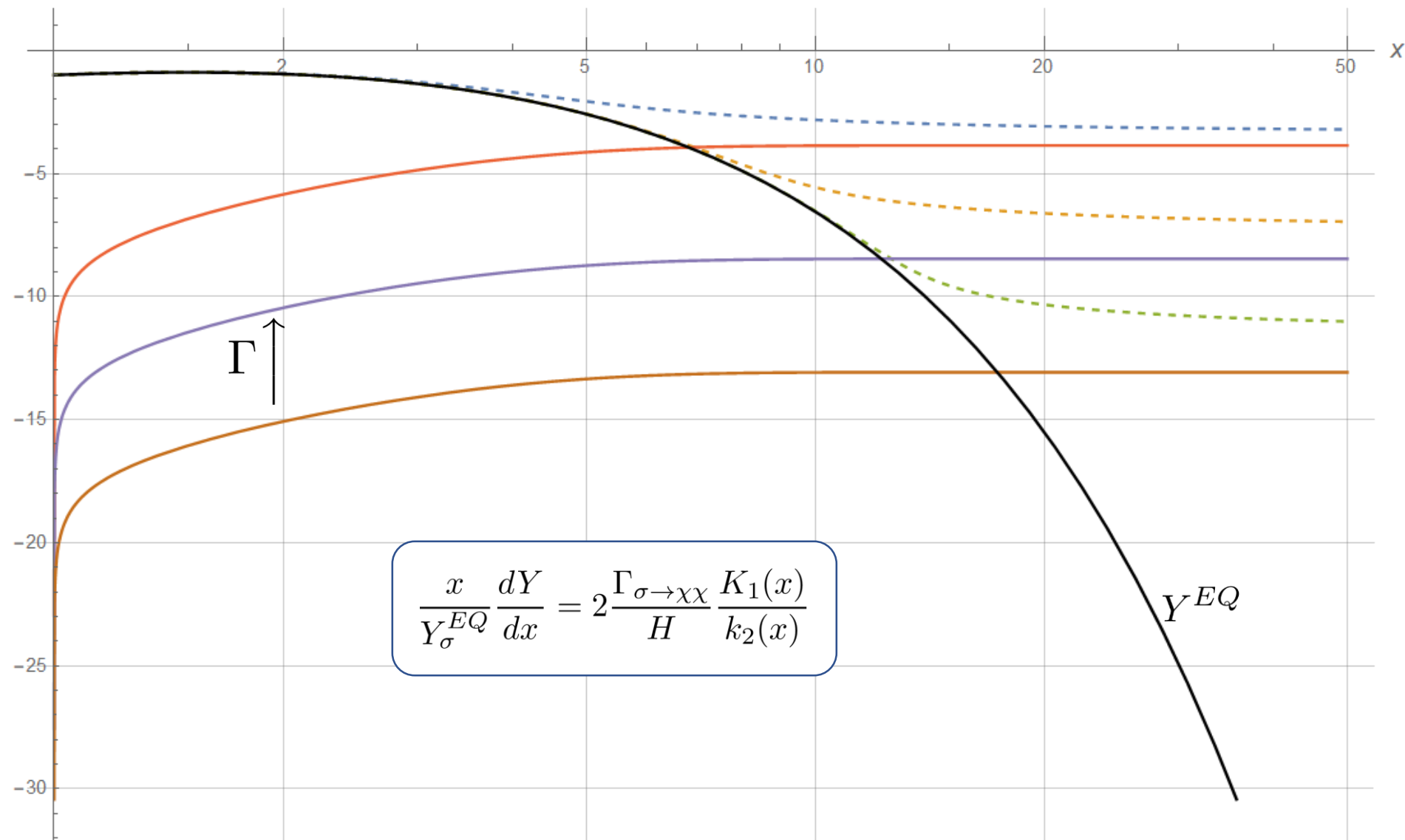
$$\Omega_\chi h^2 \simeq 4.48 \times 10^8 \frac{g_\sigma}{g_{*s} \sqrt{g_*}} \frac{m_\chi}{\text{GeV}} \frac{M_P \Gamma_{\sigma \rightarrow \chi\chi}}{m_\sigma^2}$$

$$y \simeq 10^{-12} \left( \frac{\Omega_\chi h^2}{0.12} \right)^{1/2} \left( \frac{g_*}{100} \right)^{3/4} \left( \frac{m_\sigma}{m_\chi} \right)^{1/2}$$



$$\Omega_\chi h^2 \simeq 4.48 \times 10^8 \frac{g_\sigma}{g_{*s} \sqrt{g_*}} \frac{m_\chi}{\text{GeV}} \frac{M_P}{m_\sigma^2} \Gamma_{\sigma \rightarrow \chi\chi}$$

$\log(Y(x))$



# Summary

- Boltzmann equation describes **departure** from thermal equilibrium.
- If coupling is “large” → **freeze-out**
- More mechanisms than freeze-out
- If coupling is small → **freeze-in**
- Observed relic can be explained
- Large self-interaction coupling:  
reannihilation or dark freeze-out

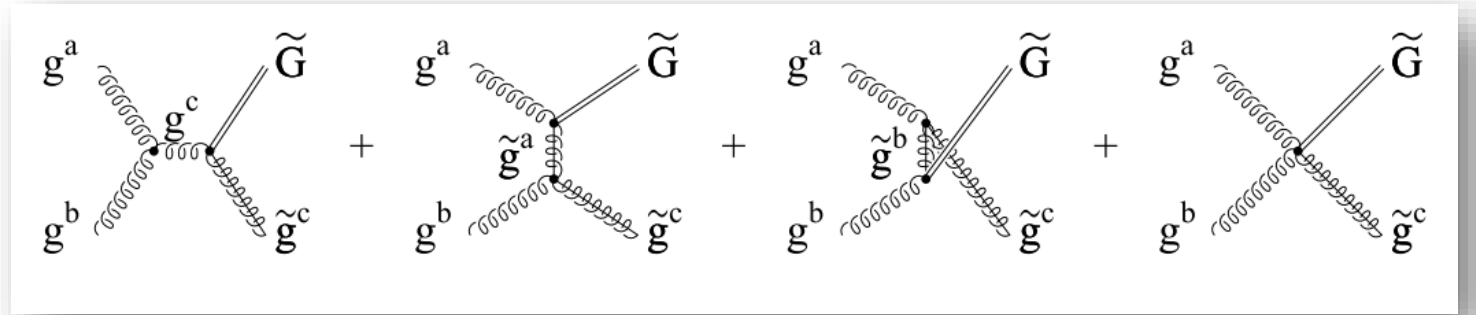
Thank you for listening

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# Gravitino

- SUGRA: make SUSY Local
- Spin-3/2
- Gravitino problems
  1. Overclose the universe
  2. Late decays affecting BBN
- Three mechanisms
  - superWIMP
  - Thermal scattering of superpartners in the early universe (UV Freeze-in)
  - Decays of superpartners which are in thermal equilibrium (IR Freeze-in)

# UV Freeze-in



- Dimension 5 operator
- Dependent on reheating temperature
- 2→2 QCD scattering processes dominates

$$\Omega_{3/2} h^2 \simeq 0.5 \left( \frac{T_R}{10^{10} \text{GeV}} \right) \left( \frac{100 \text{GeV}}{m_{3/2}} \right) \left( \frac{m_{\tilde{g}}(\mu)}{1 \text{TeV}} \right)^2$$



# IR Freeze-in

- Abundance from decay
- Depends solely on superpartner spectrum and  $m_{3/2}$
- Lower temperature
- Corresponds to vertical lines
- Size depends on scalar and gaugino masses

$$\frac{Y_{3/2}^{decay}}{Y_{3/2}^{scatt}} \propto \frac{\sum_i m_i^3}{T_R \sum_a g_a^2 m_a^2}$$

Scalar masses  
 ↓  
 Gaugino masses  
 ↑

$$\Omega_{3/2} h^2 \simeq \frac{1.09 \cdot 10^{27}}{g_*^{3/2}} m_{3/2} \sum_i g_i \frac{\Gamma_i}{m_i^2}$$

Hall, L. et al. 1103.4394

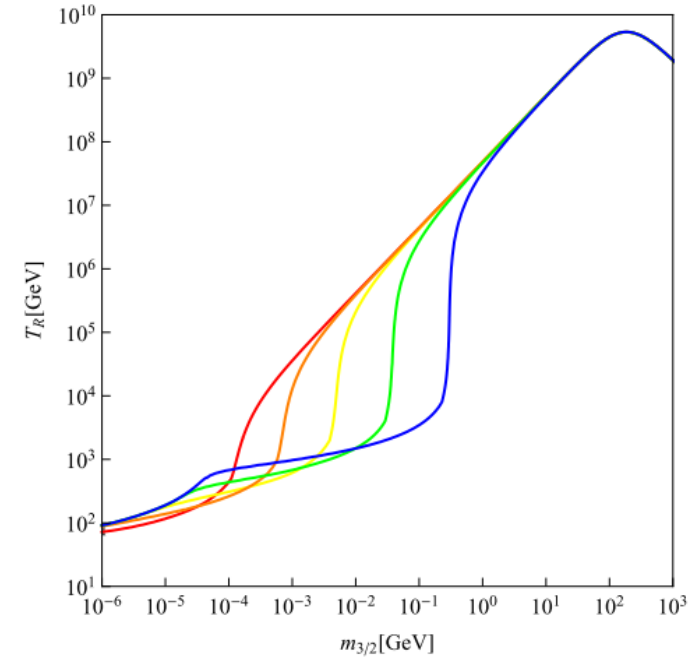


FIG. 1: Contours of  $\Omega_{3/2} h^2 = 0.11$  for gaugino masses fixed to  $\{m_{\tilde{g}}, m_{\tilde{w}}, m_{\tilde{g}}\} = \{100, 210, 638\}$  GeV. The {red, orange, yellow, green, blue} contours correspond to universal scalar masses {500 GeV, 1 TeV, 2 TeV, 4 TeV, 8 TeV}.