





hopefully...





Show up physically some days

Fixed days at IFI

Make routines

Get started with the day

Discuss and ventilate

Social





Use your fellow students

Discussion

Teaching is the best way of learning

Put into words what you are working on

Ventilation

Distraction





Be curious

Chose a topic you are interested in (or become interested in the topic you have chosen)

What you choose will be interesting

Still many choices to be made (and many ways to shape the thesis)





Take breaks

Work structured, take the evening off

Plan for breaks during the day

Unwind

Sleep

Be social





Contact external parties

Interviews, tours, informal conversations

Knowledge you didn't know that you needed

Mostly welcome







Reading articles 101

Reference lists = gold

Detective work

You will not have an overview until December (earliest!)

Write 3-4 sentences about every text you read

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Oversikt litteratur

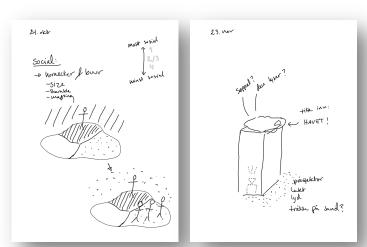
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Body x Materials	Petrecs 8. Tajadura-Jimenéz A. Vidal L.T. Nascimento R. O. Self H. Ley-Fores J. Singh A. Banchi-Berthouse N. Oprist M. Baurley S.	2023	HOI Design Sensory Odor Touch Interface Sound Vision Body Amareness	petreca et al - B	Konferansebidrag
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Document your process!

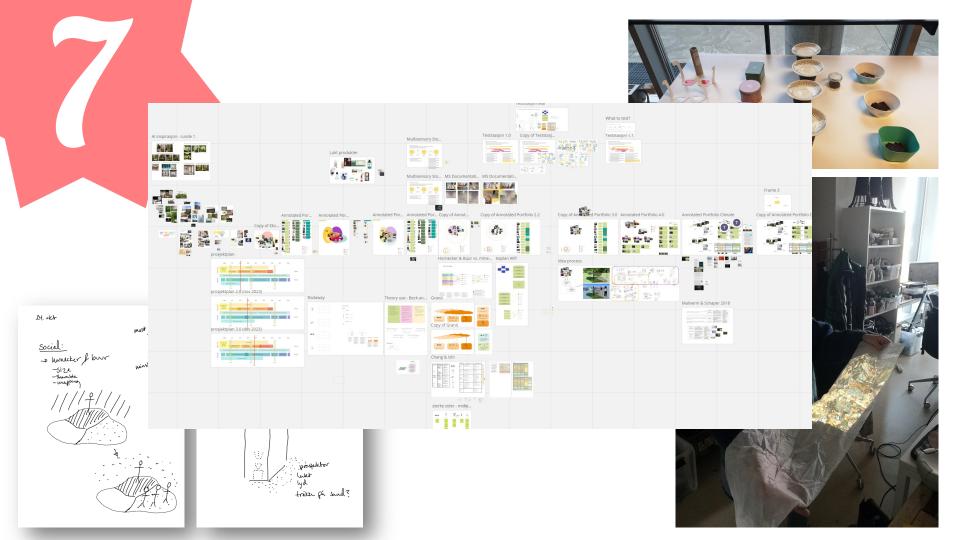
Photos, video, log book, notes

Date your notes!











Take responsability

No one is doing the work for you!

Read

Ask for help





It's only a thesis

Life goes on...

Employers don't necessarily about your topic or your grade

Your best is usually good enough

Take advantage of the opportunity to learn something new





Good luck!

