



Definisjon av skjemaet
'PhD candidate survey at the Faculty of Mathematics and
Natural Sciences'

Skjema-ID: 612783

October 27, 2026

The following survey is conducted every five years and is intended to provide PhD candidates with an opportunity to give feedback anonymously about various aspects of their life as a PhD candidate at the Faculty of Mathematics and Natural Sciences. The results will help the Faculty map out challenging areas and take measures accordingly, thus improving the quality and relevance of the PhD programme.

▼ Which year did you begin your PhD?

[Velg ett alternativ]

- ☐ 2026
- ☐ 2025
- ☐ 2024
- ☐ 2023
- ☐ 2022
- ☐ 2021
- ☐ 2020
- ☐ 2019 or earlier

▼ I am affiliated with

[Velg ett alternativ]

- ☐ Institute of Theoretical Astrophysics
- ☐ Department of Biosciences
- ☐ Department of Chemistry
- ☐ Department of Geosciences
- ☐ Department of Informatics
- ☐ Department of Mathematics
- ☐ Department of Pharmacy
- ☐ Department of Physics
- ☐ Department of Technology Systems
- ☐ Natural History Museum
- ☐ The Norwegian Centre for Science Education

☑ Where are you employed?

[Velg ett alternativ]

- ☐ UiO
- ☐ Elsewhere

✓ Gender

[Velg ett alternativ]

- ☐ Male
- ☐ Female
- ☐ Other

✓ Citizenship

Reply "other" if you got your Norwegian citizenship during your PhD.

[Velg ett alternativ]

- ☐ Norwegian
- ☐ Other

✓ Where did you complete your Master's degree?

[Velg ett alternativ]

- ☐ UiO
- ☐ Another institution in Norway
- ☐ Institution abroad

Courses

☰ Courses at the Faculty

The number of discipline specific courses offered by the Faculty is satisfactory

[Velg ett alternativ]

- ☐ Strongly agree
- ☐ Agree
- ☐ Disagree
- ☐ Strongly disagree
- ☐ Too early to say/not applicable

The quality of the discipline specific courses which I followed at the Faculty was high

[Velg ett alternativ]

- ☐ Strongly agree
- ☐ Agree
- ☐ Disagree
- ☐ Strongly disagree
- ☐ Too early to say/not applicable

The number of the transferable skills courses offered by the Faculty is satisfactory

[Velg ett alternativ]

- ☐ Strongly agree
- ☐ Agree
- ☐ Disagree
- ☐ Strongly disagree
- ☐ Too early to say/not applicable

The quality of the transferable skills courses which I followed was high

[Velg ett alternativ]

- ☐ Strongly agree
- ☐ Agree
- ☐ Disagree
- ☐ Strongly disagree
- ☐ Too early to say/not applicable

☑ Overall, how would you rate the courses offered at the Faculty?

[Velg ett alternativ]

- ☐ Very satisfactory
- ☐ Satisfactory
- ☐ Unsatisfactory
- ☐ I have not yet started taking courses at the Faculty

⚠ Do you have any other comments/suggestions regarding the educational component?

Dette elementet vises kun dersom minst ett av alternativene «Very satisfactory», «Satisfactory» eller «Unsatisfactory» er valgt i spørsmålet «Overall, how would you rate the courses offered at the Faculty?»

☑ Has your employer facilitated Norwegian language courses?

Dette elementet vises kun dersom alternativet «Other» er valgt i spørsmålet «Citizenship»

[Velg ett alternativ]

- ☐ Yes
- ☐ No
- ☐ Not relevant

Supervision

✓ How often do you get active supervision by your supervisory group?

[Velg ett alternativ]

- ☐ Weekly or more often
- ☐ 1-3 times per month
- ☐ 2-5 times every 6 months
- ☐ 1 time every 6 months or less

✓ How often do you get active supervision from your UiO supervisor?

Dette elementet vises kun dersom alternativet «Elsewhere» er valgt i spørsmålet «Where are you employed?»

[Velg ett alternativ]

- ☐ Weekly or more often
- ☐ 1-3 times per month
- ☐ 2-5 times every 6 months
- ☐ 1 time every 6 months or less

☰ Quality of supervision

I receive(d) sufficient assistance in setting up my research progress plan

[Velg ett alternativ]

- ☐ Strongly agree
- ☐ Agree
- ☐ Disagree
- ☐ Strongly disagree
- ☐ Too early to say/not applicable

I receive(d) sufficient follow-up by my supervisors in my project work

[Velg ett alternativ]

- ☐ Strongly agree
- ☐ Agree
- ☐ Disagree
- ☐ Strongly disagree
- ☐ Too early to say/not applicable

I receive(d) sufficient help/guidance in analysing my data

[Velg ett alternativ]

- ☐ Strongly agree
- ☐ Agree
- ☐ Disagree
- ☐ Strongly disagree
- ☐ Too early to say/not applicable

I receive(d) sufficient help/guidance in interpreting my results

[Velg ett alternativ]

- ☐ Strongly agree
- ☐ Agree
- ☐ Disagree
- ☐ Strongly disagree
- ☐ Too early to say/not applicable

I receive(d) sufficient help/guidance in writing/editing papers and/or producing other output

[Velg ett alternativ]

- ☐ Strongly agree
- ☐ Agree
- ☐ Disagree
- ☐ Strongly disagree
- ☐ Too early to say/not applicable

I receive(d) sufficient help/guidance and had sufficient opportunities for the presentation of my research at international scientific meetings

[Velg ett alternativ]

- ☐ Strongly agree
- ☐ Agree
- ☐ Disagree
- ☐ Strongly disagree
- ☐ Too early to say/not applicable

I receive(d) sufficient feedback from my supervisory group

[Velg ett alternativ]

- ☐ Strongly agree
- ☐ Agree
- ☐ Disagree
- ☐ Strongly disagree
- ☐ Too early to say/not applicable

☑ Overall, how satisfied are you with the supervision you have received from your supervisory group so far?

[Velg ett alternativ]

- ☐ Very satisfied
- ☐ Satisfied
- ☐ Unsatisfied
- ☐ Very unsatisfied
- ☐ Too early to say

☑ Did you have any disagreement with one or more of your supervisors?

[Velg ett alternativ]

- ☐ Yes
- ☐ No

☑ What kind of disagreement did you have with your supervisors?

Dette elementet vises kun dersom alternativet «Yes» er valgt i spørsmålet «Did you have any disagreement with one or more of your supervisors?»

[Velg ett eller flere alternativer]

- ☐ Regarding theory/methods in one (or more) project(s)
- ☐ Regarding the PhD coursework
- ☐ Regarding my participation in the transferable skills courses or workshops
- ☐ Regarding authorship
- ☐ Regarding ethics
- ☐ Other

☑ Have you had an induction conversation (start-up conversation) with your main supervisor?

The induction conversation aims at clarifying the expectations between the candidate and supervisor.

[Velg ett alternativ]

- ☐ Yes
- ☐ No

☒ Was the induction conversation with your main supervisor helpful?

Dette elementet vises kun dersom alternativet «Yes» er valgt i spørsmålet «Have you had an induction conversation (start-up conversation) with your main supervisor?»

[Velg ett alternativ]

- ☐ Yes
- ☐ No

☒ Comments on supervision

Progress

☒ Are you on track with the original progress plan for your PhD project?

[Velg ett alternativ]

- ☐ Yes
- ☐ No
- ☐ Don't know

☒ What are the main reasons that you are behind schedule?

Multiple answers possible

Dette elementet vises kun dersom minst ett av alternativene «No» eller «Don't know» er valgt i spørsmålet «Are you on track with the original progress plan for your PhD project?»

[Velg ett eller flere alternativer]

- ☐ Family responsibilities
- ☐ Health reasons
- ☐ Problems with my thesis
- ☐ Problems with infrastructure/lab facilities
- ☐ Lack of international network
- ☐ Problems with supervision
- ☐ Too much time used on mandatory duties
- ☐ Problems with the coursework (difficulties with finishing/passing courses or getting courses approved)
- ☐ Financial problems with my research
- ☐ Lost interest in my research project
- ☐ Lost interest in research overall

- ☐ I had to combine working on my thesis with an another job
- ☐ Received another job offer
- ☐ Other

T= Please specify

Dette elementet vises kun dersom alternativet «Other» er valgt i spørsmålet «What are the main reasons that you are behind schedule?»

Third semester follow-up

The main purpose of the third semester follow-up is to give the PhD candidates the opportunity to present their work, to get external input and new ideas for further research, rethink their project, and ultimately increase their confidence in their own work and job satisfaction. Supervision is to be discussed both with and without the supervisors present.

☑ Was the third semester follow-up beneficial for you and your project?

[Velg ett alternativ]

- ☐ Yes, to a large extent
- ☐ Yes, to some extent
- ☐ No, unsatisfactory
- ☐ I didn't have it yet

☑ Did you feel free to raise any issues and concerns during the third semester follow-up?

For example, regarding challenges with supervision, problems with project progression, disagreement about authorship etc.

Dette elementet vises kun dersom minst ett av alternativene «Yes, to a large extent», «Yes, to some extent» eller «No, unsatisfactory» er valgt i spørsmålet «Was the third semester follow-up beneficial for you and your project?»

[Velg ett alternativ]

- ☐ Yes
- ☐ No

☑ Has the situation improved since you raised your issues/concerns at the third semester follow-up?

Dette elementet vises kun dersom alternativet «Yes» er valgt i spørsmålet «Did you feel free to raise any issues and concerns during the third semester follow-up?»

[Velg ett alternativ]

- ☐ Yes

- ☐ To some extent
- ☐ No
- ☐ Too early to say

☞ Do you have any comments on the third semester follow-up?

Well-being

☑ Are you satisfied with the social integration at your work place?

[Velg ett alternativ]

- ☐ Yes
- ☐ To some extent
- ☐ No

☞ Do you have any suggestion for how this could be improved?

☑ Are you experiencing a good work-life balance?

[Velg ett alternativ]

- ☐ Yes
- ☐ Somewhat challenging
- ☐ No

☑ Have you experienced mental health problems during your PhD?

This question is not mandatory.

[Velg ett alternativ]

- ☐ Yes
- ☐ To some extent
- ☐ No

☒ To what extent is this related to your PhD work?

Dette elementet vises kun dersom minst ett av alternativene «Yes» eller «To some extent» er valgt i spørsmålet «Have you experienced mental health problems during your PhD?»

[Velg ett alternativ]

- ☐ To a large extent
- ☐ To a small extent
- ☐ No

☒ Have you contacted someone to help handle your mental health issues?

Dette elementet vises kun dersom minst ett av alternativene «Yes» eller «To some extent» er valgt i spørsmålet «Have you experienced mental health problems during your PhD?»

[Velg ett alternativ]

- ☐ Yes, at UiO
- ☐ Yes, outside UiO
- ☐ No

☒ What kind of assistance have you been offered?

Multiple answers possible

Dette elementet vises kun dersom alternativet «Yes, at UiO» er valgt i spørsmålet «Have you contacted someone to help handle your mental health issues?»

[Velg ett eller flere alternativer]

- ☐ Conversation with the PhD coordinator at your department
- ☐ Conversation with a ForVei adviser
- ☐ Conversation with the UiO's Occupational Health Service Unit (Bedriftshelsetjenesten)
- ☐ Conversation with the HR representative or office manager at your work place
- ☐ Stress management course organised at my working place
- ☐ I have not been offered assistance
- ☐ Other

☒ Do you have any comments?

Dette elementet vises kun dersom minst ett av alternativene «I have not been offered assistance» eller «Other» er valgt i spørsmålet «What kind of assistance have you been offered?»

Research environment

☒ **Do you actively participate in the research group activities at UiO?**

[Velg ett alternativ]

- ☐ Yes, to a large extent
- ☐ Yes, to a limited extent
- ☐ No

☒ **Do you actively participate in a research community?**

Multiple answers possible

[Velg ett eller flere alternativer]

- ☐ Yes, internationally
- ☐ Yes, nationally
- ☐ Yes, at my workplace
- ☐ No

⚠ Please elaborate (for example, not invited to UiO, active research environment at my working place, remote location etc.)

Dette elementet vises kun dersom minst ett av alternativene «No» eller «Yes, to a limited extent» er valgt i spørsmålet «Do you actively participate in the research group activities at UiO?»

Internationalisation

☒ **Have you been abroad (mobility outside of Norway) during your PhD?**

[Velg ett alternativ]

- ☐ Yes
- ☐ No

☒ **Please specify the type of mobility**

Multiple answers possible

Dette elementet vises kun dersom alternativet «Yes» er valgt i spørsmålet «Have you been abroad (mobility outside of Norway) during your PhD?»

[Velg ett eller flere alternativer]

- ☐ Conference
- ☐ Course/workshop/summer school
- ☐ Research stay/field work abroad
- ☐ Other

⌵ Please specify

Dette elementet vises kun dersom alternativet «Other» er valgt i spørsmålet «Please specify the type of mobility»

☑ What kind of benefits did you gain from your stay abroad?

Multiple answers possible

Dette elementet vises kun dersom alternativet «Yes» er valgt i spørsmålet «Have you been abroad (mobility outside of Norway) during your PhD?»

[Velg ett eller flere alternativer]

- ☐ Academic
- ☐ Networking
- ☐ Cross-cultural communication
- ☐ Scientific dissemination
- ☐ Job offers
- ☐ Other

⌵ Please specify

Dette elementet vises kun dersom alternativet «Other» er valgt i spørsmålet «What kind of benefits did you gain from your stay abroad?»

☑ What are the main reasons you have not had a stay abroad?

Multiple answers possible

Dette elementet vises kun dersom alternativet «No» er valgt i spørsmålet «Have you been abroad (mobility outside of Norway) during your PhD?»

[Velg ett eller flere alternativer]

- ☐ Family responsibilities
- ☐ Not necessary for my research
- ☐ Language barrier(s)
- ☐ I did not have support from my supervisory group
- ☐ Lack of international network
- ☐ Lack of funding
- ☐ Lack of time
- ☐ Lack of arrangements/facilitation for travel abroad
- ☐ Other

T= Please specify

Dette elementet vises kun dersom alternativet «Other» er valgt i spørsmålet «What are the main reasons you have not had a stay abroad?»

Information

☑ How do you prefer to get information about the PhD Programme?

Multiple answers possible

[Velg ett eller flere alternativer]

- ☐ Information meetings
- ☐ Web pages
- ☐ Faculty's Newsletter for Early Career Researchers
- ☐ Facebook
- ☐ Instagram
- ☐ Snapchat
- ☐ X
- ☐ LinkedIn
- ☐ YouTube
- ☐ Other

T= Please specify

Dette elementet vises kun dersom alternativet «Other» er valgt i spørsmålet «How do you prefer to get information about the PhD Programme?»

≡ How would you rate the information you have received about the PhD programme?

Web pages

[Velg ett alternativ]

- ☐ Very informative
- ☐ Informative
- ☐ Somewhat informative
- ☐ Not informative
- ☐ Lacking/misleading
- ☐ No opinion/don't know

Faculty's Newsletter for Early Career Researchers

[Velg ett alternativ]

- ☐ Very informative
- ☐ Informative
- ☐ Somewhat informative
- ☐ Not informative
- ☐ Lacking/misleading
- ☐ No opinion/don't know

Administration at your department

[Velg ett alternativ]

- ☐ Very informative
- ☐ Informative
- ☐ Somewhat informative
- ☐ Not informative
- ☐ Lacking/misleading
- ☐ No opinion/don't know

Supervisor(s)

[Velg ett alternativ]

- ☐ Very informative
- ☐ Informative
- ☐ Somewhat informative
- ☐ Not informative
- ☐ Lacking/misleading
- ☐ No opinion/don't know

Career opportunities

☑ Have you set up a career plan?

[Velg ett alternativ]

- ☐ Yes
- ☐ No

✓ Has this been useful for you?

Dette elementet vises kun dersom alternativet «Yes» er valgt i spørsmålet «Have you set up a career plan?»

[Velg ett alternativ]

- ☐ Yes
- ☐ No
- ☐ Too early to say

Rank your top 3 most desired career paths after completion of your doctoral degree, in prioritised order

▼ My most desired career path is:

[Velg ett alternativ]

- ☐ Academic position (professorship) in the higher education sector
- ☐ Researcher in the higher education sector
- ☐ Other position within the public sector
- ☐ Researcher in the private sector
- ☐ Other position within the private sector
- ☐ Self-employment or starting my own business
- ☐ Position in a non-governmental or non-profit organization (NGO/NPO)
- ☐ Other

▼ My second most desired career path is:

[Velg ett alternativ]

- ☐ Academic position (professorship) in the higher education sector
- ☐ Researcher in the higher education sector
- ☐ Other position within the public sector
- ☐ Researcher in the private sector
- ☐ Other position within the private sector
- ☐ Self-employment or starting my own business
- ☐ Position in a non-governmental or non-profit organization (NGO/NPO)
- ☐ Other

▼ My third most desired career path is:

[Velg ett alternativ]

- ☐ Academic position (professorship) in the higher education sector
- ☐ Researcher in the higher education sector
- ☐ Other position within the public sector
- ☐ Researcher in the private sector
- ☐ Other position within the private sector
- ☐ Self-employment or starting my own business
- ☐ Position in a non-governmental or non-profit organization (NGO/NPO)
- ☐ Other

☑ Where do you want to settle down for your most desired career?

[Velg ett alternativ]

- ☐ Norway
- ☐ Outside of Norway
- ☐ I don't know

⌵ Do you have anything to add regarding career opportunities?

Dette elementet vises kun dersom minst ett av alternativene «Norway», «Outside of Norway» eller «I don't know» er valgt i spørsmålet «Where do you want to settle down for your most desired career?»

Career promoting work

☑ Do you have career promoting work (formerly known as "mandatory duties") included in your PhD period?

Career promoting work refers to the extra time some PhD candidates are granted in exchange for teaching etc.

[Velg ett alternativ]

- ☐ Yes
- ☐ No

✓ Are you satisfied with the career promoting work you have been assigned/allowed to do?

Dette elementet vises kun dersom alternativet «Yes» er valgt i spørsmålet «Do you have career promoting work (formerly known as "mandatory duties") included in your PhD period?»

[Velg ett alternativ]

- ☐ Yes
- ☐ To some extent
- ☐ No

⚖ Please specify what could have been better

Dette elementet vises kun dersom minst ett av alternativene «To some extent» eller «No» er valgt i spørsmålet «Are you satisfied with the career promoting work you have been assigned/allowed to do?»

✓ How much time do you spend on career promoting work?

PhD candidates with 4 year contracts have career promoting work that should not exceed 25 % of the whole PhD period.

Dette elementet vises kun dersom alternativet «Yes» er valgt i spørsmålet «Do you have career promoting work (formerly known as "mandatory duties") included in your PhD period?»

[Velg ett alternativ]

- ☐ As planned
- ☐ More than planned
- ☐ Less than planned
- ☐ I don't know/too early to say

✓ Would you have liked to have career promoting work?

Dette elementet vises kun dersom alternativet «No» er valgt i spørsmålet «Do you have career promoting work (formerly known as "mandatory duties") included in your PhD period?»

[Velg ett alternativ]

- ☐ Yes
- ☐ No

☑ What kind of career promoting work would you have preferred?

Dette elementet vises kun dersom alternativet «Yes» er valgt i spørsmålet «Would you have liked to have career promoting work?»

[Velg ett eller flere alternativer]

- ☐ Teaching

- ☐ Supervision
- ☐ Innovation
- ☐ Administration
- ☐ Participation in official committees at UiO
- ☐ Other

T= Please specify

Dette elementet vises kun dersom alternativet «Other» er valgt i spørsmålet «What kind of career promoting work would you have preferred?»

☒ **The Norwegian government has investigated the possibility of using the career promoting work on internships in a company to provide an increased understanding of the working life in other sectors. Is this something that would be interesting for you?**

[Velg ett alternativ]

- ☐ Yes
- ☐ No

Final comments

☒ **Overall, are you satisfied with the PhD programme?**

[Velg ett alternativ]

- ☐ Yes
- ☐ To some extent
- ☐ No
- ☐ Too early to say

T= Do you have additional reflections to share about your PhD period? Do you have improvement suggestions for the PhD programme?
